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**FOR IMMEDIATE RELEASE**

**Stephen Conti Appointed to MD State Board of Massage Therapy Examiners**

**COLUMBIA, MD - October 1, 2021** - Stephen Conti, President, and Founder of Tocar Spa, was appointed to the Maryland State Board of Massage Therapy Examiners by the governor in the fall of 2021.

Stephen was selected due to his dedication to public service and will serve as a member of the board for a four-year term. During this time, he will assist the board in its mission to regulate the practice of massage therapy to ensure standards of competency, protect public health, safety and welfare of the citizens of Maryland.

“I’m honored to have the opportunity to serve both the general public and the massage therapy profession as a Board Member,” said Conti. “I am hopeful that my practical and personal experiences as a licensed massage therapist and small business owner for the past 13 years will help to guide me in this new role.”

Conti has been assigned to both the disciplinary and advisory committees during his first year. The MD State Board of Massage Therapy Examiners was established on October 1, 2016. According to the Board’s website, “The new board is composed of seven volunteer members: five licensed massage therapists and must have been engaged in the practice of massage in this state for not less than 5 consecutive years prior to the date of appointment to the Board. Two members of the board must be consumer representatives with no ties to the profession and a resident of this state.

All members are appointed by the Governor with the advice of the Secretary of Health and Mental Hygiene (DHMH) from a list of nominees submitted to the DHMH Office of Executive Appointments. Members serve terms of four years and may not serve more than two consecutive terms.”

**About Tocar Spa**

Tocar Spa is founded on the belief that touch is an essential part of a healthy lifestyle. At Tocar, we focus on providing effective massage services that improve our clients’ overall health and well-being. We believe that a preventative approach is a key to maintaining wellness.

Tocar Spa’s therapists provide a wealth of knowledge and experience that extends far beyond traditional Western medicine. Routine massage therapy sessions are shown to provide long-lasting health benefits, and our precise methods and techniques ensure our clients’ are on the path towards sustained health.

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For more information, please visit [tocarspa.com](http://tocarspa.com).